\$25 SPORTS PHYSICALS

PROVIDED BY IROQUOIS MEMORIAL HOSPITAL FOR STUDENT ATHLETES



SATURDAY, MAY 21, 2022 FROM 8 AM TO 12 PM

at the Iroquois Regional Health Center located at 200 North Laird Lane in Watseka





Megan Rich, AGNP-BC, FNP-BC from IMH Medical Group in Watseka & Gilman



Susan Hanson, FNP-BC from IMH Medical Group in Milford

To schedule your student athlete's appointment or for more information, please contact Terrica Grosvenor at **815.432.7857**. Appointments are required.



Please fill out the sports physical form online at https://bit.ly/SportsPhysicalForm2022



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Sports Physicals (*PPE*) are a requirement for students planning to participate in any park district, school or college athletics for the 2022-2023 school year. (*If you are going into grades K, 6th, or 9th, a regular school physical will still be required by your primary care provider*).

- Physical form **must** be signed by parent or guardian or the parent must accompany the student.
- **Pre-registration is required.** For more information or to schedule your student's appointment, please contact Terrica Grosvenor at **815.432.7857**.
- The Sports Physical fee is \$25 and cash or checks are accepted. Please make checks payable to Iroquois Memorial Hospital.

The Physical/Sports Examination Consists of Five Exam Stations

| Station | Exam Performed |
|---------|--|
| 1 | Check in |
| II | Height, Weight |
| III | Blood Pressure & Pulse |
| IV | Vision |
| V | Physical Exam: Cardiopulmonary, HEENT*, Skin, Hernia in Males |
| VI | Musculoskeletal Exam |



