## SEPTEMBER 2023

North Newton Jr/Sr High School Lunch

North Newton Ji75F High School Lunch					
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
28	29		31	1 <u>cook"s</u> <u>choice</u>	News No School September 4 <sup>th</sup> Happy Labor Day
4 No School	5 Hamburger W/Bun Fries Choice of Fruit Choice of Milk	6 Chicken Tender Wrap Soft shell, Lettuce, Cheese Choice of Dipping Sauce Choice of Fruit Choice of Milk	7 <u>Ham &amp; Cheese</u> Sub Bun Baked Chips Veggie Cup Choice of Fruit Choice of Milk	8 <u>Bosco Sticks</u> Marinara Sauce Salad on the line Choice of Fruit Choice of Milk	HAPPY LABOR DAY
11 Breaded Chicken Patty W/Bun Sweet Potato Fries Choice of Fruit Choice of Milk	Hot Dog W/Bun Baked Beans Dragon Juice Choice of Fruit Choice of Milk	13 <u>Calzone</u> Marinara Sauce Steamed Broccoli Choice of Fruit Choice of Milk	14 BBQ Pulled Pork W/Bun Steamed Corn Choice of Fruit Choice of Milk	15 <u>Pepperoni Pizza</u> Salad on the Line Choice of Fruit Choice of Milk	get your grill on!
COOK"S CHOICE	19 <u>Fiestada Pizza</u> Steamed Green Beans Salsa Refried Beans Choice of Fruit Choice of Milk	20 Chicken Nuggets W/Choice of Dip Hot Roll Steamed Peas Choice of Fruit Choice of Milk	21 Mostaccioli W/Meat Sauce Breadstick Romaine Salad Choice of Fruit Choice of Milk	22 Stuffed Cheese Sticks Marinara Sauce Dragon Juice Choice of Fruit Choice of Milk	
25 Breakfast for Lunch Strawberry Pancake Bowl/ Syrup Diced Ham Potato Choice of Fruit Choice of Milk	<b>26</b> <u>Mini Corn Dogs</u> Baked Beans Mini Carrots/Broccoli Choice of Fruit Choice if Milk	27 <u>Nacho's</u> Chips, Meat, Cheese Streamed Corn Choice of Fruit Choice of Milk	28 Turkey Sub Gold Fish Crackers Sweet Potato Fries Choice of Fruit Choice of Milk	<b>29</b> Quesadilla Steamed Mixed Veggies Salsa Choice of Fruit Choice of Milk	Menu is Subject to Change

This Institution is an Equal Opportunity Provider