North Newton High School



Student Athletic Handbook

North Newton High School
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Introduction

It is the goal of North Newton High School and the North Newton School Corporation to provide a sound program of interscholastic athletics to the students served by our district. We will always strive to organize and administer sound programs that benefit all student-athletes. It is also our goal to provide programs and activities that make a positive impact on both our school and community.

No person shall, on the basis or race, creed or sex be excluded from participation in, be denied the benefits of, or be subjected to discrimination in the athletic programs of North Newton High School and the North Newton School Corporation.

The policies for all the athletic programs at North Newton High School are listed in the following pages of this document. These policies and procedures are compiled and written by the Athletic Director and coaching staff of North Newton High School. These materials are provided for the guidance and assistance of all connected to the Athletic Department of North Newton High School.

North Newton High School Staff and Contact Information

Principal	Tony Brooks	tbrooks@nn.k12.in.us
Assistant Principal	Robert Gonczy	rgonczy@nn.k12.in.us
Athletic Director	Sam Zachery	szachery@nn.k12.in.us
Secretary	Christie Crofford	ccrofford@nn.k12.in.us
Athletic Trainer	Kailyn Kroll	kkroll@nn.k12.in.us

Philosophy

The educational philosophy of North Newton High School provides the foundation for the program, the organizational structure and the existence of all extra-curricular activities for students. The athletic department offers a variety of activities that may help students realize their maximum potential for physical, social and emotional growth. It is the goal of this department to promote success and growth while always respecting others.

We believe that interscholastic athletic competition should be an integral part of the total school program and serve as a reflection of the needs of students and the school community.

We believe participants can be taught to win in a gracious manner and lose in the same fashion.

We believe participants can find purpose in their school-work and carry that purpose forward in their lives as a result of a sound athletic program in the schools.

We believe athletic competition provides real value for the student body and school community. We feel a sound athletic department based on a sound philosophy can improve school and community morale and become a positive outlet for energy and enthusiasm.

We believe the welfare of the individual is always the primary concern. The competition exists for the student-athlete. The student-athlete does not exist for the game.

We believe the community should realize that control of, and responsibility for high school athletics rests ***entirely*** with the administration of North Newton High School and the North Newton School Corporation.

We believe high school athletics should furnish a recreational opportunity for the general public only insofar as a community is willing to see that programs are conducted solely for the benefit of the students served by our schools.

Objectives

A sound athletic program must provide for all student-athletes:

1. The opportunity to learn and improve skill levels in a competitive environment.

2. The development of physical vigor, desirable health habits and safety.

3. The opportunity to make lasting friendships with squad members, opposing players and to visit and compete in other communities.

4. A chance to observe and exemplify fair play and healthy competition.

5. The realization that interscholastic athletic competition is a privilege that carries varied and definite responsibilities.

6. An association with ladies and gentlemen who exemplify well-rounded competitors in the person of our athletic coaches.

7. A chance to learn that the violation of rules during athletic competition brings penalties, just as in life.

8. Assurance that the degree of success depends upon hard work, devotion to task, and enthusiasm for the game, as well as the innate ability of each individual.

9. An opportunity to exercise judgment, think quickly, to take directions, and to carry those instructions out during great stress and to the best of one's ability.

Profile of the North Newton High School Athletic Program

North Newton High School has a strong tradition of athletic, academic and extra-curricular excellence in a wide variety of activities. These traditions are a great source of pride for the school and community.

North Newton High School is a member of the Midwest Athletic Conference. Other members of this conference include: DeMotte Christian; Faith Christian; Frontier; North White; South Newton; Tri-County; West Central. North Newton is also a member of the Greater South Shore Conference (GSSC) for ***only*** the following sports: Boys & Girls Swimming; Girls Tennis; Boys & Girls Golf. Other members of the GSSC include Bishop Noll, Boone Grove, Calumet New Tech, Griffith, Lake Station, River Forest, Wheeler, Whiting. North Newton is a member of the Indiana High School Athletic Association.

Sports Offered

Boys	**Girls**
Football	**Volleyball**
Cross Country	**Golf**
Basketball	**Cross Country**
Swimming	**Cheerleading**
Wrestling	**Wrestling**
Baseball	**Basketball**
Track	**Swimming**
Golf	**Softball**
	Track
	Tennis

All students with sufficient ability are eligible to participate in extra-curricular activities, provided they meet scholastic standards and conduct requirements set forth by North Newton High School and the North Newton School Corporation. North Newton High School is also subject to all rules, regulations and procedures of the Indiana High School Athletic Association.

Eligibility Rules

In order to represent North Newton High School in any interscholastic competition, all students must meet eligibility requirements set forth by the North Newton School Corporation, North Newton High School and the Indiana High School Athletic Association.

Academic Eligibility

To be academically eligible, students must be enrolled in five, full credit classes and receive a passing grade at the end of their last grading period and cannot have more than one (1) "F" in a subject final grade. Semester grades take precedence over nine weeks grades and summer school grades are considered part of the second semester. It is the coach's discretion as to whether an ineligible athlete may: Be allowed to be a part of the team; travel and/or sit on the bench during games.

Age

A student who is or shall be twenty (20) years of age prior to or on the scheduled date of the IHSAA state championship in his/her sport shall be ineligible for interscholastic competition for that entire sports season.

Amateurism

Students shall not play under an assumed name or accept payment directly or indirectly for any athletic participation. Students may not participate in athletic activities, tryouts, auditions, practices and/or games held or sponsored by professional athletic organizations, clubs or any of their representatives.

Athletic Transfers

Parents of students who wish to participate in athletics at North Newton High School, but did not attend North Newton during their intended sports season during the previous year of high school, are required to complete an IHSAA Athletic Transfer Form. The student and their legal guardian must complete the transfer form in the Athletic Office or the Principal's Office. Students do not become eligible to participate in contests until both schools and the IHSAA have approved the transfer. Students are allowed one transfer within the first six semesters of their high school career. All subsequent transfers are subject to Rule 19 enforcement.

Attendance

Students must be in class by the end of 1st hour (8:20 A.M.) in order to be eligible to participate in practice, games, or contests the day in question. Approved field trips or school activities will constitute attendance. The school Principal or Athletic Director must approve all exceptions to the attendance rule. Any athlete that misses school for a prolonged period of time must have written permission from a doctor to resume participation in practices and/or games. Any athlete that misses school the day of a morning practice will not be able to participate in practice, games, or contests the following day.

Awards and Gifts

Athletes may not receive any award for athletic performance that is not approved by the IHSAA or North Newton High School. Athletes may not accept awards, medals, recognition, gifts or honors from colleges, universities or their boosters.

Changing Sports

Any athlete cut from a team may join another sport immediately. Any athlete who quits a team cannot join another team until the first team has completed competition for that season. Athletes may transfer from one sport to another during the same season only if the head coaches of the two sports involved are in mutual agreement about such a move. Off-season conditioning and open gyms are open to all athletes at North Newton High School not in a current sports season, provided they did not quit or were not dismissed from a team/sport that is in its current season.

Communication

The Athletic Department of North Newton High School strives to keep open lines of communication between athletes, parents, coaches and the general public. Much of the information needed to keep current with the events and policies of North Newton High School can be found in our coaches/parents communication handout.

Conduct and Character (*See IHSAA Rule 8-1 and 8-3)*

Athletes' conduct both in and out of school shall be such as (1) Not to reflect discredit upon their school or the IHSAA, or (2) Not to create a disruptive influence on the discipline, good order, moral or educational environment of the school. Athletes who violate this rule may be excluded from representing North Newton High School in interscholastic competition.

Equipment

All athletes are responsible for the care and return of equipment owned by the school. Lost equipment must be replaced at a fair market value. All equipment owned by the school will be worn in a manner determined by the coaching staff of each of the respective sports.

Forms

There are several forms that must be turned in prior to the student athlete participating in practice. All athletes must turn in their physical, signed athletic handbook, concussion release form, drug test consent form, emergency contact information sheet, cautionary statement sheet. No athlete will be allowed to practice until all forms are signed and turned into the athletic office.

Inherent Risk

Any student who participates in athletic competition must understand that a risk of injury always exists. The athletic staff at North Newton High School will do everything possible to minimize risks for student-athletes, both in practice and competition.

Non-School Teams

Participation in organized sports competition during the authorized contest season of that IHSAA sport shall cause the student-athlete to become ineligible for their school team.

Participation in non-school competition while on a school team of another sport shall be subject to the approval of the school coach. Any athlete who violates an understanding with a school coach will be subject to dismissal from the school team with a loss of all honors.

Parent Pre-Season Meetings

All athletes and parents are required to attend a pre-season meeting with the coaching staff of that sport. The meeting shall be held before the first contest. Parents will be informed of all rules for their sport as well as the rules of North Newton High School and the IHSAA.

Physical Examinations

Students wishing to participate in athletics in any IHSAA sanctioned sport must undergo a physical examination by a doctor holding an unlimited license to practice medicine. The physical examination form must be completed on the IHSAA form and be signed by the physician, parent and student-athlete. The IHSAA physical examination form must be completed between April 1st and the student's first practice in preparation for interschool participation in the upcoming school year (Rule 3-10).

Practices

The class day at North Newton High School begins at 7:30 a.m. and concludes at 2:20 p.m. In cases of inclement weather that results in school being dismissed early, all practices for that day will be postponed. Exceptions to this rule will require the approval of the Principal and the Athletic Director and the Head Coach of that sport will have a weather contingency plan in place.

Wednesday Practices/Games: No contests will be held on Wednesdays of each week unless cleared by the Athletic Director and Superintendent. Practices will all be ended by 5:30 P.M. on Wednesdays of each week, with student athletes needing to be out of the school building by 5:40 P.M.

There shall be no school practices, games, scrimmages, film sessions or meetings held on Sundays. Calling one or more team members together for scouting reports, film viewing and/or the treatment of injuries are also violations of the basic IHSAA rule.

All athletes are expected to be at practice on time. All illnesses and injuries should be reported to a coach and trainer immediately. The head coach has the discretion to determine if a missed practice is excused or unexcused. Athletes should inform coaches in advance of known absences for practices and/or competition.

The head coach is responsible for informing the team of practice dates and times well in advance. Athletes will not be allowed to practice if they do not attend school that day. All exceptions to this rule must be cleared through the Principal and/or Athletic Director.

On any school issued suspension (ACS, OSS) the student athlete cannot participate in any practice or games, until that student athlete is back into their regular classroom and/or has completed their assigned ACS days.

Public Relations

The community often judges it schools by the people representing them. The administration, coaching staff, athletes, cheerleaders, patrons, fans and student body serve as public relations agents at games both at home and away from home.

Athletic department personnel occupy a strategic and sensitive role in regard to public relations on behalf of North Newton High School and the North Newton School Corporation. Good public relations begin with a common sense approach and the extension of good manners and common courtesy to all with whom or student-athletes and their supporters come in contact.

Travel

North Newton High School athletes are required to travel to and from athletic events in school approved vehicles and under adult supervision provided by North Newton High School. Extreme circumstances must be cleared by the Principal or Athletic Director. Students may be released to their parents (if the head coach is in agreement) after a road contest if written or verbal permission from the parent is received by the Head Coach.

Athletes represent North Newton High School on all road trips. Appropriate dress will be determined by the coaching staff. Athletes will act in an acceptable manner while on all school trips. Equipment, facilities, fans, opponents and staff members at opposing school sites will be treated with respect at all times. Any damage or improper behavior on the part of North Newton athletes and/or support staff will result in appropriate disciplinary action.

Early release time from class for athletic activities is not part of the structure of the North Newton High School Athletic Department. Special exceptions will only be granted with the prior approval of both the Principal and Athletic Director.

Weight Room & Gym Policy

The following guidelines must be observed when students are using the weight rooms, gymnasiums and any other athletic facilities at North Newton High School.

1. Students may use the weight room, gymnasiums and other athletic facilities only while under the direct supervision of a North Newton High School staff member.
2. Students working in our weight room, gymnasiums and other athletic facilities must be dressed in proper attire. **Shirts and shoes are always a requirement.**
3. **No food or drink is allowed in the weight room at any time or for any reason.**
4. Weights and other equipment should be returned to the proper racks or storage areas before students and coaches leave the area.
5. No usage of any athletic facilities by IHSAA sponsored teams will ever be allowed on Sundays.

Social Networking/Media

As an educational institution, North Newton High School supports and encourages the rights of individuals to free speech. However, student-athletes should be concerned with any behavior that might embarrass themselves, their families, their teams, their community, and /or North Newton High School. This includes any activities conducted online through all social networking sites.

Participation in athletics at North Newton High School is a privilege, not a right. As a student-athlete at North Newton High School, you are a representative of the school and the community, and, as such, you are always in the public eye. This fact places certain additional demands upon how you must live your life. Keep the following guidelines in mind as you participate in any of the abovementioned public media:

1. Before participating in any online community, understand that anything posted online is available to anyone in the world. Any text or photo placed online is completely out of your control at the moment it is placed online -even if you limit access to your site;
2. You are not to post information, photos, or other items that could embarrass you, your family, your team, the Athletics Department or North Newton High School. This includes items that may be posted on your page by others;
3. You should not post your address, phone numbers, birth date, or other personal information. You could be opening yourself up to predators or stalkers;
4. Exercise caution as to what information you post on your website about your whereabouts or plans. This will help prevent stalkers or other criminally minded individuals from gaining access to you;
5. Be aware of who you add as a friend to your site. Many people are looking to take advantage of student-athletes or seek connection with student-athletes to give them a sense of membership on a team;
6. Coaches and athletic department administrators can and do monitor these websites. Disparaging remarks about teammates, coaches, or school officials can serve as grounds for suspension from competition or dismissal from teams; and
7. Student-athletes will face disciplinary measures for violation of team policies, athletic department polices, or state and federal laws. Even depictions or admissions of conduct in violation of any of these policies or laws found on a student-athlete's website will subject him or her to disciplinary measures.

Also keep in mind that local police or sheriff's offices or other law enforcement agencies may check these websites regularly.

Be cognizant of the fact that many employers and colleges also monitor these sites. You should be aware that any information posted on these websites may prevent you from obtaining a job or prevent you from attending the college of your choice.

EXTRA-CURRICULAR ACTIVITIES
SUBSTANCE ABUSE POLICY

Any use of tobacco, alcohol, drugs and prescription drugs without a prescription, in season or out of season, during school or out of school is prohibited. If an athlete is caught breaking the Substance Abuse Policy the following actions will be taken:
1ST offense – The student-athlete will be suspended from competition for 20% of the season or no less than two (2) contests. If less than 20% is left in one season, the remaining percent shall be served during the student's next season.
2ND offense – The student-athlete will be suspended from competition for one calendar year (365 days) from point of infraction.
3RD offense – The student-athlete will be declared ineligible for the remainder of his/her high school career.

NORTH NEWTON JR/SR HIGH SCHOOL
EXTRA-CURRICULAR/STUDENT DRIVER
RANDOM SCREENING POLICY & PROCEDURES

Purpose

North Newton Jr./Sr. High School believes that all students can be successful. This is especially true when obstacles that impede success are removed. The implementation of a random drug screening policy will offer students of North Newton Jr./Sr. High School a substance abuse-free environment. The purpose of this program is to create a supportive environment in which students are able to make responsible and healthy choices.

Scope

This program will include every student who participates in any school sanctioned extra-curricular activity such as athletics, clubs, work programs, etc. Any student who wishes to drive to school will also be required to participate. Participation in the drug screening program is a condition of participation. Students or their parents/guardians who do not give consent will not be allowed to participate in a school sanctioned activity or drive to school until consent has been given. All students who fall into these categories will be required to submit a urine sample if they are selected during the random screening process. Failure to give consent to participate or submit a sample will be considered as a positive result. This policy and procedure will not violate the rights or liberties of any participant in accordance with local, state, and federal laws.

Drug Education

The administration will inform the parents of students of the conditions and expectations of the screening program and will provide a consent form. The consent form must be signed and returned prior to participation.

Philosophy

The philosophy of the program is to assist students in making healthy life choices. The purpose of this program is to educate, help, and direct students away from substance and alcohol abuse and towards a healthy and substance-free participation. No student shall be expelled or suspended from school as a result of any verified

positive test conducted by the school under this program other than those stated therein. However, a student will be suspended from extra-curricular activities and/or driving privileges if found in violation of this policy.

Testing Procedures

The testing procedure will consist of established procedures of the company contracted to take and process the samples given by the students. A copy of these procedures will be made available to parents, guardians, or students upon request.

1. Students' names will be placed into a pool/database and assigned a number. A list of students will be randomly selected by the testing company. The list will be sent to North Newton High School. Students will be given no advance notice or early warning of testing. The administration will bring each student to submit a sample. An area for sample collection will be provided that will ensure privacy and the integrity of the sample. The sample will be collected by a representative of the testing company.
2. If the student shows signs of reasonable suspicion, the administration may call the student's parent/guardian and ask that a student be tested. Factors will include, but are not limited to, excessive discipline problems and/or excessive absences from school. Also, parent/guardian may request testing of his/her student. A parent/guardian may request that their child be tested twice if they are not originally selected. This is to avoid the misuse of the process due to the cost of each test.
3. All samples will remain under the supervision of the administration of North Newton High School. The sample will be analyzed by the testing company. In addition a strict chain of custody will be enforced to eliminate invalid tests or outside influences.
4. All students will remain under the administration's supervision until they have produced an adequate sample. If the student is unable to produce a sample, the student may be given up to twenty four (24) ounces of fluid. If the student is still unable to produce a sample within one hour, the student's parent/guardian will be notified that the student will not be able to participate in the activities he or she is currently involved until a sample is produced.
5. If it is proven that tampering or cheating has occurred during the collection of the sample, the student will become ineligible for all activities until results are produced by the parent/guardian at their own expense.
6. The laboratory selected must follow the standards set by the Department of Health and Human Services and must be certified under the auspices of the Clinical Laboratory Improvement Act (CLIA).

Chain of Custody

1. The student will be escorted to the testing site by an administrator/designee. All students will not be sent to the testing site simultaneously. Testing four to five students at a time allows the testing to be carried out quickly and will not cause students to wait a long time, thereby creating a loss of important time from class.
2. Once at the health suite (testing area), the student must sign in and, as soon as called by the collection technician (or designee), provide a specimen.
3. The collection technician (or designee) will give each student being tested a specimen container. At that time, the student will sign a verification form indicating the specimen container is untainted. The specimen container will remain in the student's possession until a seal is placed upon the specimen container by the collection technician (or designee). The student and collection technician (or designee) will sign that the specimen has been sealed. The seal may be broken or opened only by the laboratory testing the specimen.
4. If the seal is tampered with or broken after leaving the student's possession and prior to arriving at the lab, the specimen is invalid and will be discarded without being tested.
5. The students will enter the restroom provided by the collection technician (or designee). Students will be instructed to remove coats and wash their hands in the presence of the supervisor. The door will be closed

with the student by himself/herself in the restroom to provide a urine specimen. The supervisor will wait outside the restroom. The commode will contain a blue dye so the water cannot be used to dilute the sample.
6. The laboratory personnel will transport the specimen to the testing laboratory. The testing laboratory will report the results to the principal (or designee).

POSITIVE TEST RESULTS AND APPEAL

In the event a student tests positive by the laboratory, that result will be sent to a Medical Review Officer. The Medical Review Officer shall be a licensed physician with knowledge of substance abuse disorders. The role of the Medical Review Officer is to review and interpret positive test results. The Medical Review Officer is a physician knowledgeable in the medical use of prescription drugs and pharmacology and toxicology of illicit drugs. It will be the Medical Review Officer's role to determine any valid medical reason for the positive test. The Medical Review Officer will contact the principal (or designee) of the results. The principal (or designee) will contact the custodial parent/guardian and the student about these results. If an acceptable reason for the positive test is not established, the test will be considered "failed," and then the principal (or designee) will be contacted regarding the results.

In the event of a failed test, the student and custodial parent/guardian will be told that a restriction from participating in any of the listed activities and/or driving to school will be imposed for thirty (30) days. The student or his/her custodial parent/guardian may appeal by requesting that the urine sample (kept by the lab for a year) be tested again by the laboratory (or another accredited laboratory) at a cost to the student or his/her custodial parent/guardian.

To be able to resume the privilege of participating in activities and/or driving to school, the student will be tested again at the expense of the student or his/her custodial parent/guardian. This testing may occur at any time. The student will also be required to receive substance abuse assessment from an outside agency at the expense of the student or custodial parent/guardian. The results of this assessment will be forwarded to the principal (or designee).

If the student fails a test a second time, the student will be restricted from activities and/or driving to school for one calendar year. This restriction begins from the time the student or custodial parent/guardian is notified. Multiple failed tests are indicative of continued substance use and will mean that the student will be referred for professional evaluation to be paid for by the custodial parent/guardian.

WCMS Collection Procedures

Both WCMS and its collectors ensure the integrity and security of the specimen throughout the entire collection process. Our collectors are DATIA certified and follow all DOT regulations. We rely on our collectors to perform their job professionally and provide the donor's modesty and privacy.

Step 1: Student checks in with collector and removes coat and empties pockets.

Step 2: Collector writes the students assigned ID number on chain of custody, and has student sign his/her name on copy 2 of the chain of custody, student then initials both specimen labels.

Step 3: Collector gives student a collection container to provide a specimen.

Step 4: Collector prepares restroom for donor (stool will have dye and faucets turned off).

Step 5: Collector explains to student, he/she will need to void about half way into specimen container, not to flush and bring specimen out to collector when finished.

Step 6: Student enters restroom by him/herself, closes door, provides sample, hands specimen to collector. Students will not leave or have his/her sample out of their view until WCMS completes the remaining steps.

Step 7: Collector checks specimen temperature and color.

Step 8: Collector pours specimen into 2 vials (opened in front of student) then seals bottles and places specimen labels (initialed by student) on sealed bottles.

Step 9: Collector places the sealed specimen and chain of custody in the plastic bag and seals the specimen bag.

Step 10: Sealed bag with all items will be secure and transported back to WCMS, where they will be picked up and sent to out to our lab.

Consent forms will be located in the High School office. A consent form needs to be signed and kept on file in the Athletic Director's office.

SCHOOL SONG

The Victors
(Tune of University of Michigan fight song)
"HAIL TO THE VICTORS VALIANT
HAIL TO THE CONQUERING HEROES
HAIL, HAIL, TO NORTH NEWTON
THE LEADERS AND THE BEST.

HAIL TO THE VICTORS VALIANT
HAIL TO THE CONQUERING HEROES
HAIL, HAIL TO NORTH NEWTON
THE CHAMPIONS OF THE NORTH."

Questions and Concerns

All questions and concerns should be addressed to the head coach in the sport in question. If this does not resolve the issue, a meeting with the Athletic Director may be scheduled.

Individual Athletic Awards

I. An athlete will receive an "N" chenille for their first major letter.
II. Certificates will be awarded to letter winners, "All Conference" Honorable Mention, and Academic "All-Conference".
III. First Team "All-Conference" selections will receive a medal provided by the Midwest Conference.
IV. Honor Jackets & Patches may be purchased for team and individual awards at the athlete's expense.
V. Requirements for earning a varsity letter in all sports:
    - Must be in good athletic and academic standing, complete the season, and be eligible academically.
    - Attend all practices, games, meets, or matches unless advanced arrangements have been made with the coach.
    - Be of good character, a teammate, and a team player.
    - Regular member of the Varsity team.

Sport-Specific Requirements:

Baseball and Softball

- An individual must participate in 50% of varsity innings and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Basketball

- An individual must participate in 50% of varsity quarters and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Cross Country

- An individual must earn a total of 20 points in Varsity meets as follows:
    - Placement position in meets earn the following points:
        - 1st-5th– 4 points
        - 6th-10th– 3 points
        - 11th-15th– 2 points
        - 16th-20th– 1 point
        - All Invitational placings will count as double in points.
        - Upon completion of the season, an individual will receive 5 points towards their total.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Football

- An individual must participate in 50% of varsity quarters and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Golf

- An individual must participate in 50% of varsity matches and be certified for the sectional.
- An individual must accumulate a minimum of 25 points using the following scale based on round scores:
    - 35-39 - 5 points
    - 40-44 - 4 points
    - 45-49 - 3 points
    - 50-54 - 2 points
    - 55+ - 1 point
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Swimming & Diving

- An individual must swim one event every meet and accumulate at least 40 points.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Tennis

- An individual must participate in 50% of varsity matches and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Track & Field

- An individual must participate in one event every meet and accumulate at least 18 points.
- Participation must be in an event in which the individual regularly competes or trains.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Volleyball

- An individual must participate in 50% of varsity sets and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Wrestling

- An individual must participate in 50% of varsity matches and be certified for the sectional.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Cheerleading

- Fall and Winter will be counted separately.
- 1 varsity letter will be awarded when selected for the varsity cheer squad and the season is completed in good standing.

- Fall Season: must participate in 80% of scheduled games.
- Winter Season: must participate in 50% of scheduled games.
    - This can be completed in two ways, as determined by the coach:
        - Cheer at all boys games, home and away.
        - Cheer at all home events for both boys and girls teams.
- The Head Coach, with the approval of the Athletic Director, will have some discretion to award a letter under certain circumstances.

Managers

- As required by athletes, a Manager letter should be earned by extra time put in.
- The Coach and Manager will agree upon guidelines for earning a letter at the start of the season.

VI. Coaches Awards:

The Athletic Department will purchase the following awards at the end of each season. Varsity sports will receive four awards; sub-Varsity teams will receive three awards.

Varsity

- Most Valuable
- Most Improved
- Mental Attitude
- One award that can be sport-specific

Awards may be altered at the discretion of the coach, with approval granted by the Athletic Director.

Sub-Varsity

Sub-Varsity awards (Junior Varsity, Freshman, and Junior High) should mirror the awards presented to the Varsity team of that sport.

VII. North Newton High School Athletic Hall of Fame

Athletes must meet **one** of the following criteria!
Athlete becomes eligible for this recognition upon graduation!

1. Indiana All-Star
2. North/South All-Star
3. AP/UPI All-Star recognition (first/second team)
4. Coaches Association All-Star recognition (first/second team)
5. State Qualifier (Individual Events)

VIII. North Newton Academic All-State Recognition

Athletes who qualify for their sport's coaches association academic all-state team will be recognized in the Hall of Fame. Students will be limited to one picture representing their achievements if they qualify in multiple sports.

North Newton High School Athletic Teams and Seasons

Fall Sports

Boys		Girls	
C.Country	**Varsity-Reserve-JH**	**Cheerleading**	**Varsity-Reserve- JH**
Football	**Varsity-Reserve-Frosh-JH**	**C.Country**	**Varsity-Reserve-JH**
		Golf	**Varsity-Reserve**
		Volleyball	**Varsity-Reserve-Frosh**

Winter Sports

Basketball	**Varsity-Reserve-Frosh-JH**	**Basketball**	**Varsity-Reserve-Frosh-JH**
Swimming	**Varsity-Reserve-JH**	**Cheerleading**	**Varsity-Reserve- JH**
Wrestling	**Varsity-Reserve-JH**	**Swimming**	**Varsity-Reserve-JH**
		Wrestling	**Varsity-Reserve-JH**

Spring Sports

Baseball	**Varsity-Reserve**	**Softball**	**Varsity-Reserve**
Golf	**Varsity-Reserve**	**Track**	**Varsity-Reserve-JH**
Track	**Varsity-Reserve-JH**	**Tennis**	**Varsity-Reserve**

Please sign and return to your coach.

ATHLETIC CONTRACT

By signing below, you have agreed to follow the rules set forth in this book and the rules given to you by your coach. Each individual coach may have rules that are additional to the ones stated in this handbook.

I_____ agree to follow all the rules in this
Print Athlete's Name

handbook and the rules, attendance polices and training rules given to me by my coach. I also agree to represent myself, family, teammates, team, coaches and North Newton, in season and out of season, in a manner that would make everyone proud. I understand that if I am not capable of following these rules set forth by the school and my coaches, I could lose the privilege of representing my school in Extra-Curricular Activities.

_____ _____
Athlete's Signature **Date**

_____
Athlete's Name (Print)

_____ _____
Parent/Guardian Signature **Date**

_____
Parent/Guardian Name (Print)